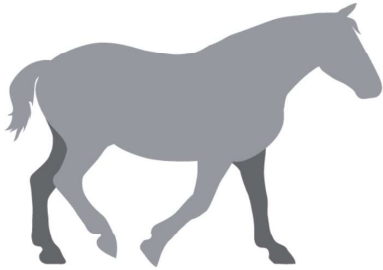


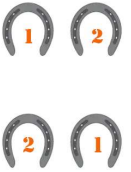
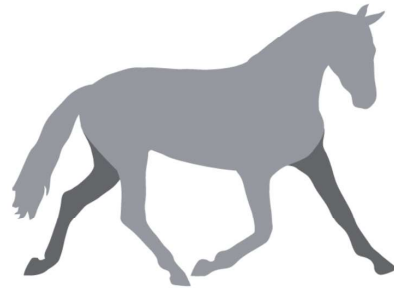
GAITS



**1ST BEAT: RIGHT HIND LEG
2ND BEAT: RIGHT FORE LEG
3RD BEAT: LEFT HIND LEG
4TH BEAT: LEFT FORE LEG**

WALK

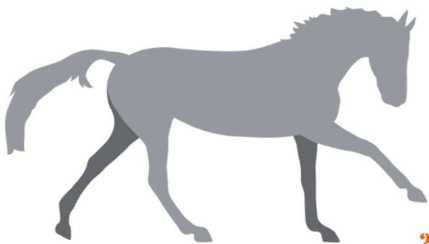
THE WALK IS A GAIT WITH FOUR BEATS. IT DOES NOT HAVE A MOMENT OF SUSPENSION AND IT AVERAGES 4 MPH.



**1ST BEAT: LF LEG/RH LEG
2ND BEAT: RF LEG/LH LEG**

RIGHT LEAD TROT/JOG

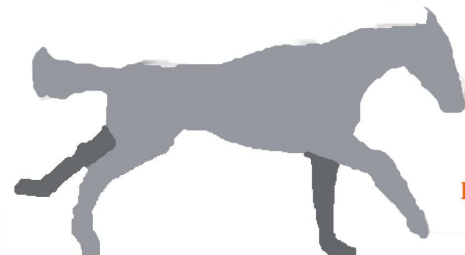
THE TROT HAS TWO BEATS, AVERAGES 6 MPH, AND HAS A MOMENT OF SUSPENSION. THE LEGS MOVE IN DIAGONAL PAIRS.



**1ST BEAT: LH LEG
2ND BEAT: LH LEG/RH LEG
3RD BEAT: RF LEG**

LEFT LEAD CANTER/LOPE

THE CANTER IS A GAIT WITH THREE BEATS. IT AVERAGES 8 MPH AND HAS A MOMENT OF SUSPENSION. A WESTERN CANTER IS CALLED A LOPE.



**RIGHT LEAD GALLOP
1ST BEAT: LH LEG
2ND BEAT: RH LEG
3RD BEAT: LF LEG
4TH BEAT: RF LEG**

GALLOP

THE GALLOP HAS FOUR BEATS, AVERAGES 15 MPH AND HAS A MOMENT OF SUSPENSION.

HEALING HORSES KAUAI