#### HHK VOLUNTEER AND STAFF MEETING

#### Volunteer Meeting Sunday, July 9· 2:30 – 3:30pm Google Meet joining info Video call link: <u>https://meet.google.com/dzx-fmgr-ubq</u>

In Person: Ginger, Karin, Danice, Aly E. Chris, Christie, Shendon Online: Sam

\*New information in bold or highlighted - -

#### PUT ALL TACK AWAY IN ITS PROPER LOCATION! DO NOT MIX AND MATCH GROOMING KITS - -NO MORE FAVORITE TOOLS (if you must purchase 10 of that tool) - THAT SPREADS GERMS.

1) Participant Counts (June 1 - June 30, 2023):

141 lessons (34 therapeutic = 24 %) in 2.5 weeks - 16 new riders - 1 interisland, 8 mainland, 0 international PLUS 2 FULL WEEKS OF CAMP # rainouts- 0 full days,

AGE	JUNE A	JUNE B
3	0	0
4	2	2
5	2	1
6	9	6
7	2	7
8	5	5
9	9	10
10	4	1
11	5	5
12	2	1
13	0	0
14	0	0
15	0	0
16	0	0
total	102/225	118/225

Time to submit your 2023 volunteer/employee packet. Volunteers & Staff: Please sit with SAM or GINGER to update packets & demographic information on the spreadsheets so we can qualify for more funding

All staff/volunteer rides/lessons are on your own personal time....not considered work.

Seeking Corporate sponsors to donate gift certificates/prizes for our POOP DROP fundraiser Aug 20, 2023. WE HAVE 300 TICKETS TO SELL. YOU EACH SELL 10.

## ALSO NEED A RIDER AND VOLUNTEER DRIVE. PLEASE BRING ONE OF EACH.

UNITED WAY - - did sell 30 golf ball drop tickets was June 17 & also will have the campaign in August - \$10

#### FOLLOW FACEBOOK & SUBSCRIBE TO OUR WEBSITE TO GET ALL MAILINGS and read prior meeting agendas on the volunteer tab (scroll to the bottom)

Ground Programs: practicing lunging on the circle & staying out Mounted Program: bring more riders

Carriage Program:

The certification workshop will be pushed back so as to allow time to get Ivan and his cart up and running and staff time to get their hours. I do encourage incorporating "showmanship" (utilizing the SAME WORDS and getting solid "STANDS" every time they are handled) and ground driving for all. The new arena rails have been installed. <u>Now we need to make sure the new arena is root and rock free with a pack dirt surface. If everyone could spend some time each week cleaning that space that would be great.</u>

#### Next CAMPS July24-28

3 stations . 1hr 15 min per station. Need commitments from station leaders and aids ASAP. \*July B: Colors of the Horse & Emotions

- \*October: Mythical horse-like creatures & International Horses (need to photoshop this side)
- \*December A: Healthy Horse & Evolution of the equine
- \*December: B : Ratios/Hoof/Skull/ Gait Cues
- \*Spring: Spring Cleaning
- \*June A: Groom & Tack External Landmarks (need to design this side yet)

\*June B: Gaits & Skeletal

\*July A: (not scheduled this year) Balanced Seat - Leading & Mounts

MAKING LESSON PLAN BINDER IN 2023- DETAILED SO NO MORE RECREATING THE WHEEL

## 2) Paid Staff Updates & Refresh:

UNTIL FURTHER NOTICE: THERE WILL BE NO TROTTING, CANTERING OR GALLOPING OUTSIDE OF THE ARENA. No CANTERING when riders of lower ability are in the arena. HORSES ARE TO BE KEPT AT A WALK ON THE POND TRAILS.

UNTIL FURTHER NOTICE: THERE WILL BE NO STAFF/VOLUNTEER RIDES WITHOUT GINGER PRESENT/UNDER THE GUISE OF A LESSONS, STAFF TRAINING, OR HORSE SCHOOLING.

#### PATH FACILITY ACCREDITATION N/A

#### Next PATH submission deadlines:

Accepting applications through September 2, 2023 for November 25-December 10, 2023 testing.

#### PLEASE READ IT AGAIN

NEW EMPLOYEE MANUAL AVAILABLE ON WEBSITE > VOLUNTEER > ALL THE WAY AT BOTTOM -- ALL VOLUNTEERS & PAID STAFF SHOULD READ IT - - NEED TO SIGN LAST PAGE THIS IS DIFFERENT THAN THE VOLUNTEER MANUAL located on our website <u>www.healinghorseskauai.org</u> > VOLUNTEER > VOLUNTEER MANUAL and make sure that you submit a new 2023 Volunteer Application to Ginger -- updated manual with PATH policies coming January...last page must be signed and submitted to Ginger

**Instructor Staff:** is expected to have the horse groomed and tacked, and horse leader and sidewalker **debriefed** prior to the arrival of their student for mounted lessons. Tardiness is unprofessional and no longer acceptable. DO NOT HAND FEED TREATS - USE BOWLS-AND DO NOT DO IT EVERY TIME--HORSES ARE

STARTING TO ANTICIPATE AND GET NIBBLY

Instructors make sure helmets are being put away properly

Please read and follow the arena rules sign

## Reminder to practice emergency dismounts with 1x each client this month, so they are not scared when done for real.

\*\*\*Train Volunteers in every skill you ask of them- be honest about what is expected, Observe Performance, Provide Leadership, Lead by Example, Engage, Encourage, Educate and Empower, know their motivation, check in with them, show compassion, Let them know that "Yes" is great, but "No" is ok - discourage burnout by making sure they have a positive WORK - HOME/FAMILY - VOLUNTEER balance, Create a Community

## 3) ALL VOLUNTEER & PAID STAFF -

**Safe positioning when picking feet** (human hip to horse shoulder/hip, human facing toward horse rear end, bend at waist, continues contact with horse as sliding hand down leg and back up leg down back hip and other leg - - hold hoof at toe)

!!!!!! Do not share grooming tools, always visually check girth areas for dirt/sores

\*\*\*\* Horses should be held during grooming and tacking if not tied

+++ cell phones off, eyes up, focus on task, show on time for briefing and stay for debriefing

Sidewalking Staff: there are different holds: over the thigh, cuff, heel/ankle,

\*don't push rider off center or put pressure on the knee; when no hold needed side walker still remains within arm's reach with hands out of pockets and eyes are always on rider;

Allow wait time before repeating instructions to rider; practice emergency dismount at least 1 time with each rider (Make it not scary)

As sidewalkers support the participant's performance and position in the saddle, instruct them to ask the horse leader to bring the equine to the center of the arena and halt if:

- A sidewalker needs to carefully switch sides, one at a time, with another volunteer
- A sidewalker needs to tie their shoe or step away from the equine for any reason
- A sidewalker notices the participant appears to be ill or in pain
- There is a safety concern

\*Role during an Emergency: your rider (if your rider is down keep horse away from your rider - and following commands of the instructor (get medical kits, phone, open gates, etc.) once instructor assume control of rider)

**Horse Leading Staff:** avoid a horse that crowds space (have knuckle at the ready for horse "reprimand" self), stay in the zone- no tugging; how to hold crop, how to turn

Common Mistakes: Leader too far back, lead wrapped around leader's hand, leader holding lead in only one hand, Leader too far forward, leader holding lead too close to the horse's head and putting too much pressure on the lead, leader walking backwards.

\*Role during an Emergency: your horse...get them to a stop and away from downed rider then follow commands of instructor

#### Checklist

#### - - - instructor make sure your crew knows this before each lesson

Individual has a clear knowledge of

- Positions & duties of a sidewalker & a horse leader & instructor
- Proper Helmet fit.
- Tack check before mounting... girth & helmet check
- Mounting procedures from mounting ramp (rider waits on ramp) vs. block (rider on ground not block until asked to step up on the block & the horse is standing quietly.)
- Proper dismount..( both feet out of stirrups before dismount)
- \_\_\_\_ Mounting procedures from Mounting ramp
- Safety procedures in the arena, spacing, & awareness
- \_\_\_\_ Use of cell phones during riding session
- Safety stirrups, what they are for & how to put them on the saddle
- \_\_\_\_ Location of first aid kit for Humans & Equine
- MAKE SURE TACK IS PUT AWAY PROPERLY IN THE CORRECT LOCATION

#### Words

Words first - then leg and arm aids : https://fb.watch/fO-alOzviu/

Please use the following words when working with the horses:

"Walk on please" - any time you want them to move forward

"Whoa" - any time you want them to stop

"Easy, Easy" - any time you want to slow down

"Back" - any time they are reversing

"Come" - when pulling them into you

"Over" - when moving all 4 feet sideways

"Spin" - when they are moving hind legs in a circle but not the front (as in Parelli "Driving the Hind" or in mounted "Turn on the Fore"

"Turn" - when they are moving the front legs in a circle but not the rear (as in Parelli "Driving the Fore" or in mounted "Turn on the Haunches"

"Trot Trot"- to ask for the trot

"Can - ter" rising up on the "ter" - when asking to canter

## THIS MONTH FOCUS:

Month	Awareness Month	Skill	Pedagogy
July	Arthritis, Skin	Burns	Preventing Vol & Horse Burnout

\*\*\*FIRST AID KIT - was it check? (Ginger, Shakti, Andrea)?

#### First Aid Refresher: Burns

Burns: Stop the burn. Remove jewelry and stuck clothing. Cool the burn. Cover with dry, nonstick sterile dressing

WHAT DO WE DO at HHK: Know your client. Be informed.

#### Medical Conditions Review: Skin Conditions & Arthritis

#### Skin Integrity, Pressure Ulcers (Decubitus), Rashes, Burns, Fungal Infections

Impaired skin integrity, or sores, can occur due to friction or pressure. Participants susceptible to skin breakdown may have fragile skin, poor sensation, prominent bones with minimal protective muscle or fat, previous skin problems from burns or skin graft surgery, contractures, or may be obese with skin Folds (individuals with limited mobility (CP, SPI, Spina Bifida, older adults, etc)at risk for skin breakdown). The areas most likely to break down are often sites of weight bearing or friction while mounted or driving, such as over the seat bones or areas that can get moist due to sweat or heat/humidity.

Ask for information on the sites of previous integrity or skin grafts before participating. Movement in sitting (riding or driving) is more stressful to fragile skin than sitting on a stable surface. Choose an equine with movement that is smooth with less abrupt transitions. Heat and/or moisture are also precursors to skin problems and should be monitored for the participant. **Professional Association of Therapeutic Horsemanship International Centers should modify equipment for participants susceptible to skin integrity. Use properly fitted footwear and clothing and saddle pads/"Seat Savers" that are made of fleece, foam or gel.** When using a fleece pad, natural sheepskin is preferred over synthetics because it is not prone to slip and it allows for increased air circulation; however, sheepskin is often not machine washable.

Precaution:

- History of previous skin breakdown, skin grafts or burns
- Impaired sensation, particularly areas that are in contact with the equine or tack
- Very thin build or prominent bones
- Prolonged use of steroid medication
- Incontinence
- Obesity

Contraindication:

• Open skin areas on a weight-bearing surface or on a surface that may be subject to friction (buttocks, inner thighs, inner/back of calves, hands, etc.)

• Recent skin graft over an area of weight bearing or friction—a release from the physician is required to resume riding.

Prevention: breeches may be a better option than jeans, though wearing tights or leggings under jeans or pants can help. But any pant should be loose enough to allow to sit comfortably, and have no tight creases or pressure across hip, thigh or abdomen. Prosthetics & Braces: AFO/SMO - might be ok, but KAFO not–always do a skin check. If skin irritation and breakdown under the brace cannot be prevented, riding is contraindicated.

#### \*\*\*CONTAGIOUS SKIN CONDITIONS:

Below are some treatment guidelines that suggest MINIMUM TREATMENT before return to participation: <u>Bacterial Diseases (impetigo, boils)</u>: To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for 72 hours is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, MRSA (Methicillin Resistant Staphylococcus Aureus) should be considered. <u>Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum</u>): To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 72 hours. For a first episode of Herpes Gladiatorum, should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment before

return to wrestling should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

<u>Tinea Lesions (ringworm on scalp or skin)</u>: Oral or topical treatment for 72 hours on skin and oral treatment for 14 days on scalp.

Scabies, Head Lice: 24 hours after appropriate topical management.

Conjunctivitis (Pink Eye): 24 hours of topical or oral medication and no discharge.

Molluscum Contagiosum: Upon treatment with curettage and hyfrecator, may cover with biooclusive and participate immediately.

Note to Appropriate Health-Care Professionals: Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Though

Once a lesion is considered non-contagious, it may be covered to allow participation.

#### Arthritis – Rheumatoid Arthritis (RA), Osteoarthritis (OA)

There are several types of arthritis and rheumatic diseases that affect the integrity of the joints in various ways. The common results may be pain, inflammation, stiffness, joint degeneration and eventual functional loss. These conditions may affect adults or children. Exacerbations are not uncommon and may present periods of time for which activities should be curtailed. Commonly recommended is gentle exercise, generally without impact or weight bearing, to strengthen the muscles around the joint without further inflammation. Additional treatment may consist of medications, orthotics or splinting, rest during periods of exacerbation and/or surgery such as joint replacements, fusion or fixation. Please see these other categories for additional information.

Precaution:

- Pain, swelling or inflammation of the joints lasting beyond the activity time
- · Position with adequate support to the joints involved and with the least strain

Contraindication:

• Exacerbation of the condition with increased pain and inflammation

• Following surgery or exacerbation without a release from the MD allowing return to equine assisted services

· Pain or inflammation that interferes with functional abilities

\*\*Individuals with Arthritis may also need to be cleared by physician if arthritis in neck (AAI)

\*\*\*Clients with history of severe arthritis can also have Joint Replacement

Joints can be surgically replaced for many reasons including severe arthritis, joint degeneration, joint malformation, chronic pain or disease process such as a tumor. Either half of a joint or a full joint can be implanted. It is important to understand the underlying reason for the replacement, the extent, type and the time since surgery, and the precautions involved. If, for example, a surgeon were to indicate that post-surgical hip flexion should not exceed 90 degrees, accommodations would need to be made for the mounting and dismounting process. Often, the replaced joint is actually stronger than the bone surrounding the joint. Because of this, falls may cause severe fractures at the site around the joint replacement. The orthopedic surgeon should always be consulted for participants with joint replacements.

Precaution:

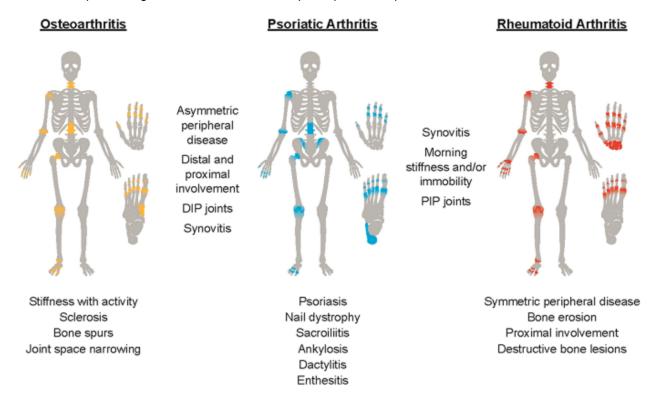
- Adapted equipment or alternative mounting procedures may be necessary.
- Pain will dictate tolerance.
- · Any person with active hip precaution orders

Contraindication:

• Persistent pain during activity

• Inability to avoid unsafe positions or activities for that individual

• If the orthopedic surgeon has not released the participant for equine activities



## HOW PSORIATIC ARTHRITIS Affects the Body

## FLAKY SCALP

Skin patches may appear on your scalp, which flake similar to a severe case of dandruff.

## EYE INFECTIONS

PsA can lead to uveitus, an eye infection that can worsen if untreated.

## SPINE AND -NECK PAIN

This pain is common in PsA and can be worse during flare-ups.

## SCALY SKIN -

The classic symptom of PsA is raised scaly patches on your skin, which may become itchy.

## ROUGH NAILS

Your fingernails and toenails may become rough or pitted.

## MUSCLE -WEAKNESS

Your muscles may get more tired during a PsA flare.

## ANXIETY

Worrying about your condition can trigger anxious feelings.

## DEPRESSION

Chronic pain can bring on depression, which can lead to losing interest in your favorite activities.

## SHOULDER SWELLING

Inflammation can cause painful shoulders and limit range of motion.

## ELBOW PAIN

You may find your elbows become painful, stiff, and hard to bend.

## FINGER PAIN AND STIFFNESS

Your finger joints may stiffen and become difficult to bend, making everyday tasks difficult.

## KNEE WEAKNESS

Your knees may become stiff and painful, making moving and walking harder, especially

#### Pedagogy Refresher: Rider and Horse Balance & Posture

#### Horse:

<u>Signs of Burnout</u>: changes in behavior (nipping, halter/mounting block avoidance, ear pinning), changes in health/unsoundness

<u>Prevention</u>: using the right horse (adaptability, age, size,breed, health,conformation & soundness; attitude, reliability) off-time (based on age, fitness, temperament, workload) - - too long a break and they decondition/get cold however; try to partner with same volunteers, fitness program, routine, monitor stressors (extreme weather, lack of turnout, herd aggressions, reproductive stress, illness, inappropriate workloads, unbalanced riders, novice handlers, lack of personal space, participant behaviors and emotions during activities); nutrition; enrichment

<u>PATH Standards</u>:maximum limit for each equine no more than 3 continuous horse and a workday of no more than six hours (that mean horses get lunch break- untacked without people in their stalls); maximum limit for equine of no more than six lungeing/vaulting sessions of 60 minutes each per week with a minimum of six hours between sessions; limit of tandem hippotherapy session to a maximum of 30 minutes (including mount and dismount) on non-consecutive days, no more than 2 sessions a day — no other activities that day. A record of the number hours and in what capacity each equine works (ground, mounted, driving, vaulting, hippotherapy, tandem hippotherapy, psychotherapy must be kept) Equine condition, attitude pace, size and type of participant are factors.

#### Volunteer:

<u>Sign of Burnout</u>: feeling disengaged, fatigue, stressed and apathetic toward work they were previously passionate about. Not fulfilled.  $\rightarrow$  Attrition, Other psychological responses (change in attitude (snarky, emotional, quick to anger), behavior (neg./ acting out)); Other physiological response (fatigue, depression, body soreness, upset tummy, headache, anxiety)

<u>Prevention:</u> Be Honest in the Recruitment Process-clear description, Fight Fatigue–respect and allow "No's" and find new ways for them to offer experiences; CHECK IN WITH THE TEAM; CREATE COMMUNITY; ENGAGE: mssion/policies/get to know backgrounds; ENCOURAGE: use names, supportive tone, know when to use general group feedback and specific individualized feedback, use positive instructions instead of DON'T statements,; use specific how's with why;s' EDUCATE AND EMPOWER safety first, take on new roles, education and training, putting the right people in the right place, anticipate safety concerns, build the prof. Relationships, proactively address concerns, love sandwich any neg. Feedback, (be direct,respectful, and specific  $\rightarrow$  id next steps, or alternatives for the situation). USe the what-whys- and hows; provide leadership; respect confidentiality - never speak about indivuals as if they were not present, ask to help before just jumping in, allow processing time, don't shout, introduce yourself.

<u>PATH Standards</u>: must complete application with liability and sign handbook; must wear ASTM-SEI helmet while mounted, driving or vaulting & proper clothing and footwear; assessed for ability to work with particular client/equine; oriented to role and needs, offer guidance and don't assume they understands or are familiar with the methods, but validate prior knowledge Training to include

1. Orientation to the facility, specialty programs and equine-assisted services in general?

- 2. Volunteer and personnel responsibilities?
- 3. Emergency procedures?
- 4. Confidentiality issues?
- 5. Safety rules and regulations?
- 6. Introduction to population served in program?

#### Emergency Dismount

During riding sessions, the instructor performs rider mounts and dismounts. However, in certain situations, the instructor may ask volunteers to perform an emergency dismount as follows:

• When an instructor calls for an emergency dismount, the horse leader halts and heads the horse.

• The sidewalker(s) informs the rider of the emergency dismount and makes sure the rider has removed their feet from the stirrups.

# Emergency Dismount

Leader brings horse to halt if possible Rider/Sidewalkers take both feet out of stirrup Rider drops reins

Sidewalker stands directly to side or

slightly behind rider pelvis

Sidewalker wraps arms around rider trunk/waist

Sidewalker pulls rider's back to his/her chest - backing up to pull free from the horse

Gently lower rider to ground, protecting rider's head and neck Horse leader moves horse away from rider

## PATH Standards Review:

Must have policy for the purpose of risk management planning, is there written evidence that general health and safety concerns have been identified and that there are established written procedures to respond to possible accident and emergency situations unique to the center and its services, related to each of the following categories:

These are available in our Policy Manual on our website - VOLUNTEER TAB - in fine print here

Other Standards: must complete application with liability and sign handbook; must wear ASTM-SEI helmet while mounted, driving or vaulting & proper clothing and footwear; assessed for ability to work with particular client/equine; oriented to role and needs, offer guidance and don't assume they understands or are familiar with the methods, but validate prior knowledge, what to do at our facility with manmade, and environmental hazards; fall standards and adaptive tack, age related concerns Training to include

1. Orientation to the facility, specialty programs and equine-assisted services in general?

- 2. Volunteer and personnel responsibilities?
- 3. Emergency procedures?
- 4. Confidentiality issues?
- 5. Safety rules and regulations?
- 6. Introduction to population served in program?

# We do not mount individuals under the age of 4, individuals with atlantoaxial instability (certain clients with Down's Syndrome, arthritis, etc); and spinal fusions/cervical ossification due to risk of catastrophic injury.

## Driving Standards:

Know and implement 4 Golden Rules of Driving:

1) never remove the bridle from an equine while still hitched to the vehicle

- 2) never remove reins from the bridle of an equine still hitched to a vehicle
- 3) never leave an equine that is still hitched to a vehicle tied up by itself

4) always have the able-bodied whip enter the vehicle first and be the last to leave the vehicle



\*) never leave the gate open

\*) never drive without a helmet

All lessons supervised by PATH Intl certified instructor...All participants wear a helmet...All personnel who mount and dismount have documented training...There must be a means of attaching a lead line...horse must be put to prior to anyone entering the vehicle...ABW mounts first - holding reins before participant enters and after exit and has a second set of reins to take control if needed... one client at a time... all personnel must understand emergency procedures....wheelchairs must be off, secured with quick releases and appropriate for horse and hitch...ABW must have 50+ hours experience be age 18 and trained on second reins.... Vehicle must be regularly maintained.

4) Events:

Upcoming Events: Private Event/ Birthday Parties: DOE/CFS/CWS 7/11 & 14 (9-1) 8/18— 9-1pm GEIST WORKSHOPS but that is statehood day so now 8/15 8/20 Poop Drop 8/22 Carriage Video 8/23 Mini Video 8/24 Riding Video Trainings : 9/30+10/1 Camp: 7/24-28 Clean Up: Weekly in New Arena - Sundays 9:30 (Community Clean up 11/5) Fundraiser : Poop Drop Aug 20 (Golf Ball Drop 6/17 & UW campaign Aug) Photo Event: Halloween

**Daily Topics:** Need 10 different activities for 3 different stations (3 groups of 15). Please email <u>hhkwebsite@gmail.com</u> with confirmed volunteer days

## CAMP BRAINSTORM

## Theme: Colors & emotions

Focus Plants: Paper Mulberry (Wauke) & Turmeric (Olena)

Theme:	ART & CRAFT	MINI & GAMES	ARENA & BARN
July 24 - Mon Vocabulary & Marking	Drawing Match & Data Sheet/ Cave Painting	Friendly/Porcupine (back/hind/fore) Drive- WHW - change midline ?????	W-H-W Tack improv
July 25- Tue Body Language, Herd Dynamics, Communication	Kapa Cloth/Watercolor Paper	Porcupine (back/hind/fore) Drive - Walk change of Rein Diagonal *??? Croquet	Steer - Direct rein (vs neck vs open) Rein board communicating with hands

July 26- Wed Gait, Leading, Tie	Kapala Stamps	Yo-yo/Drive Drive: WTW - Serpentine Leaping Tying Roping Racing *Polo/Rope Halter	Backing Bridle a kid
July 27 - Thur Anatomy	Clay - sculpt & carve Tiki Plaster of Paris - carve	Ground Driving a friend - cones (timing the turn) Drive: Circles & Transitions within Gait *Pin the Parts on the magnetic donkey	Transitions within gait Lunge a friend
July 28 - Fri Hoof/Teeth	Fabric Marker & Dye Spray: Colors of Horse & Emotions	Ground: Drive: Dressage course *Paint Hawaiian Quilt - Jumps Course	Trot - seated/posting Bathing

## ??Ideas for collaborations with other non-profit organizations - please share.

If you are involved in other organizations, how can we collaborate? "It takes a Village"

KORE Surf, Easter Seals, Rotary Club (West Kauai, Poipu, Kauai, Kapaa, Hanalei), Lions Club (North Shore, Koloa, Kauai, East, West), Kiwani Club, Key Club, Kauai Veterans Assoc/Ad/Council,, Business Associations (Lihue, Kapaa, West), United Way/HTLA Charity Walk,, Neighborhood Centers, YMCA, YWCA, Assisted Living Facilities, County Council, Hawaii Community Foundation, Kauai Area Agency on Aging - RSVP, Master Gardener, Humane Society, Kauai Path, Canoe Clubs, Hina Mauka, Habitat, Heart Assoc., Red Cross, Salvation, Children's Theatre, Historical Society, Food Bank, Scouts

## 5) Feeder Update / Volunteer Update

## SEE NEW FEEDER AND VOLUNTEER CHECKLIST EACH TIME YOU COME

	MORNING	EVENING
SUNDAY	Derrick	Allison
MONDAY	Candice	Laura
TUESDAY	Nadine	Azure
WEDNESDAY	Pua (for Jim)	Jen & Kaia (for Malina)
THURSDAY	Nadine	Mike
FRIDAY	Nadine	Christina
SATURDAY	Jodi	Mary B

## 6) Horse Update

#### NO HAND FEEDING TREATS WITH CLIENTS - USE BOWLS - DISCOURAGES NIPPY BEHAVIOR

**Grazing:**What to get them to graze the opened front acreage. Need to run temporary hot tape and truck water to the front.... More land clearance help requested. <u>Any volunteers to run tape?</u>

## 7) Public Relations Update:

Events: First Saturday: back on - Ana; Kress- Chris

Media:how do we increase followers Website: videos to match the words posted under VOLUNTEER on website Facebook: need 2 posts a week (auto scheduled is fine) Wed at noon and Friday afternoon - Tara Instagram: need 3 posts a week (M/W/F) - Tara Twitter:

Those in picture must have a signed photo release on record

LOOKING FOR CARPENTERS/ENGINEER to reroof the horse stalls & the put a roof on the art and tack container.

Applied for loads more grants - cross your fingers. Grants applied for to fund:
Lesson Programs- instructor pay, tack, feed, insurance, vet, farrier,
Mini Program: instructor education, instructor pay, halters,feed, insurance, vet, farrier care
Driving Program: horse and carriage
Veteran Program: scholarships/stipend equipment, tack,
Foster Youth Programs: scholarships
3-steps Capital Improvement: 1- Removing Concrete in Front Pasture 2- Covering:arena & stalls 3Irrigation to front 4- Off-grid Solar powered office with roof

## 8) Projects

'Stall'port Project: person stall, and carriage stall on the arena ends

## Wash Rack: <u>YIPPEE Its done</u>

Front acreage pastures: Volunteers to clear hot tape & run new tape on front pasture areas

Pond trail t-post signage - in process by Alex once all the new t-post are in (Zoophonics)

Container Project: still need a coat of GacoFlex and/or a new roof placed on top

Gravel Stall and Drive: time for a new load

Bridge across Canal - on hold for now

Compost: needs now to be spread into medicine wheel

#### Please dump manure only in active pile... the one without the cones

**Sensory Riding Trails:** looking to clear 15+ wide path around entire perimeter, lay wood chips on trail with bermuda grass seed mixed in to establish soft footing not muddy trail & then plant trees and hedges and separate from pastures with interior pastures (Hawaiian, canoe, horse safe edible, and botanically interesting: variety of colors, shapes, textures, smells) for riders to enjoy --- Jim has planted 2 Lonomea and many Loulu palms already (and had to fence them off) and several more palms

**Medicine Wheel:** looking for gardeners to come on regular basis, a few plants (red ground cover, white/silver ground cover), aerial photo to HTML to create a meet the plants page on website, plant labels (ideally with QRL codes that link to website plant page)-- need to spread composted manure

#### PATH & Other Certifications: NEED TO RECRUIT A FEW MORE INSTRUCTOR PROSPECTS

**CPR & First Aid** - looking to put together a small (2-4 person course), cost \$30, time 7 hrs (combination of online and in person)----videos are uploaded and ready to go...

## 9) Hopes and Dreams: need list/ wish list/ to do list

Volunteers: Side-walkers, Horse-leaders, Feeders, Facility Maintenance Crew (with regular hours) Lightweight Tack-- for Chip and Rowdy

#### STALL PANELS & CARPORT - get them painted and installed

Tree & Rubbish Removal on all fencelines in last piece of forest--- in progress - - need a trailer to dump convoy - - any takers

Native Hawaii Trees and Shrubs to Border Cleared Trails - in progress

Fencing - in progress

Off-Grid Solar System to Power Office --- working on grants to create a stellar system but grants are never a sure thing--- we have a lead on KIUC wired in

Clear Span Building to Cover Arena and Stalls --- price jumped to about a million - - - we will back burner this one for a bit

Tractor Attachments --- working on grants as we speak

Solar Powered Pond Aerators--- any teachers out there want to make this a long term school project

## 10) Next Volunteer Meeting- Aug 13 LOOK FOR THE SAVE THE DATE EMAIL / FACEBOOK NOTIFICATION

\*Projects:

Sew Helmet Liners: XS - Red; SM - Orange; MD - Yellow; LG - Green; XL- Blue <u>https://www.thesprucecrafts.com/helmet-liner-free-sewing-pattern-2978116</u>

"Sew" Aprons out of feed bags

Prep sew - horse dolls for a camp